

BISD HOOPSTARS BASKETBALL

Program Overview:

This is a program where the children learn the fundamental skills of basketball while stressing the importance of sportsmanship, respect, teamwork, and self-discipline through healthy and fair competition. Coaches and referees will use fun practice activities and games as teaching tools so that all children will be able to improve their basketball skills.

What we're about:

- Building awareness for the fundamental skills and necessary structure involved with the sport of basketball
- Maximizing the family schedule by having only one hour of mandatory practice and one game each week
- Equipping coaches and referees by providing teaching tools and resources.
- Allowing the coach to focus on developing children by having a set substitution system where all players are allowed equal playing time and equal opportunity for improvement.

What we're **NOT** about:

- Building extremely competitive teams or allowing teams to play together throughout multiple seasons
- Comparing children or putting additional pressure on them to perform at a certain level
- Drawing attention to or giving praise to individual children over others

Divisions:

Children will be placed into a division based on their school grade. We offer the following divisions:

- Pre K & Kindergarten: Boys & Girls
- 1st & 2nd Grade: Boys & Girls
- 3rd & 4th Grade: Girls
- 3rd & 4th Grade: Boys
- 5th & 6th Grade: Girls
- 5th & 6th Grade: Boys

Team Formations:

All teams will have up to 10 players, depending on the number of participants.

- Coaches will be notified of their team at the coaches meeting. Coaches will be responsible for contacting parents and players on their team prior to the first practice.
- Pre-K – 2nd: Teams will be randomly selected and children will be placed on teams within their division by gender and grade.
- 3rd & 4th: Teams will be randomly selected and children will be placed on teams within their division by gender, grade and campus (when possible).
- 5th & 6th: Teams will be randomly selected and children will be placed on teams within their division by gender, grade, campus (when possible), and rank (Ranking 1 to 5 (5 being the best), provided by the student's Physical Education teacher).
- **Parents cannot hand pick their coach and assistant coaches will only be allowed after teams are randomly selected.**

Uniforms:

All players will receive a team t-shirt and should wear comfortable shorts (preferably 'black') and non-marking athletic shoes to practices and games. T-shirts will be handed out by the coaches at practice.

Coaches:

Each team is coached by a BISD volunteer, many of whom are parents. These head coaches must attend a mandatory coaches meeting. Assistant coaches are allowed to assist the team but will not be determined before the draft in an effort to stack teams. ***The success of the HOOPSTARS basketball league relies on volunteers and the support of parents. Please call 308-1601, if you are interested in coaching.***

Participants:

A player must be registered to participate and the registration/consent form must be signed by his/her parent/ legal guardian and turned in to BISD Community Services along with the registration fee before he/she may be eligible to play.

Games:

Games will be played on Saturday's at BISD facilities. The start date for HOOPSTARS will be Saturday, January 30, 2009. A team schedule will be provided to you by your coach at your first team practice in mid-January. Copies of schedules may also be picked up at each game-day gym at the start of the season.

Practices:

Practices will begin the week of January 18th. Each team will have an hour of practice per week at a BISD gym. Teams may practice on their own at an off-site facility, but will not be allowed to practice more than 2 hours per week.

Play-offs:

Play-offs will only be played in 3rd -6th divisions. A single elimination tournament will be held at the conclusion of the regular season. The bracket will be determined by regular season win-loss records. In the event of a tie, seeding in the tournament will be determined by the following: 1) Head-to-head
2) Point differential

General Rules: (Additional Division Rules Attached)

1. A game is played between two (2) teams consisting of five (5) players each on the court at a time.
2. Players must wear athletic shoes and issued T-shirts.
3. Only players appearing on the team roster shall be eligible to play.
4. All divisions will perform a jump ball at the beginning of the game.
5. Games will start on time.
6. Halftime will be 5 minutes for each age division.
7. No profanity will be allowed. Automatic ejection from the game will occur.
8. No technical fouls or protests of games.
9. No switching of schedule without approval from Community Education.

Player Substitution:

The player substitution concept employed by HOOPSTARS is designed to ensure the following:

- Players should play in at least half of each game
- Every player will have an opportunity to be in the starting lineup
- Playing time for all players is equal over the course of the season

Note: All coaches are required to adhere to the substitution rules.

HOOPSTARS Rules Specific to Each Division

Division	Description
Pre -K & Kindergarten	<ul style="list-style-type: none"> • Instructional full court basketball on 8ft. goals (full court is played on the width of a full court) • Running 4 - minute quarters, with substitutions every 2 minutes • Teams will NOT switch goals at halftime • Clock will run continually • There will be no time outs • Fouls represent a change of possession only; no free throws • Neither team nor individual fouls will be kept • Score will not be kept • Wristbands will be worn to ensure that players know who they are guarding • After a defensive team rebounds the ball, the offense MUST clear the basket area and set up at the other end of the court • No full court pressure at all • No overtime • Parent/Volunteer will run the clock • Game Ball will be "Rookie" size ball
First & Second Grade	<ul style="list-style-type: none"> • Instructional full court basketball on 8ft goals • Running 5 - minute quarters • Substitutions can be made at the end of each quarter or during a timeout • Teams will switch goals at halftime • Clock will run continually except for time outs and free throws • Each team will be allowed 1 timeout (one-minute) per game • Neither team nor individual fouls will be kept • Score will not be kept • Wristbands will be worn to ensure that players know who they are guarding • After a defensive team rebounds the ball, the offense MUST clear the basket area and set up at the other end of the court • No full court pressure at all • No overtime • Parent/Volunteer will run the clock • Game Ball will be a "Women's 28.5" size ball
Third & Fourth Grade	<ul style="list-style-type: none"> • Instructional full court basketball on 10ft. goals • Running 6 - minute quarters • Substitutions can be made at the end of each quarter or during a timeout • Teams will switch goals at halftime. • Clock will run continually except for time outs and free throws • Each team will be allowed 1 timeout (one -minute) per game • Team fouls and individual fouls will be kept. After 7 team fouls, we will shoot 1 and 1 free throws. (5) individual fouls constitutes fouling out of a game. • Man-to-man defense will be played at all times; double-teaming will not be allowed however help defense is encourage in the following instances: 1) In the lane 2) Off picks and screens 3) During fast breaks • Note: Full court press is allowed during the last 2-minutes of the 2nd and 4th quarters • Score will be kept; a 2-minute OT will be played in the event of a tie during regulation play • Girls will play with a "Women's 28.5" size ball • Boys will play with an "Official" size ball

**Fifth & Sixth
Grade**

- Instructional full court basketball on 10ft. goals
- Running 8 - minute quarters
- Substitutions can be made at the end of each quarter or during a timeout
- Teams will switch goals at halftime
- Clock will run continually except for time outs and free throws
- Each team will be allowed 2 timeout (one -minute) per game
- Team fouls and individual fouls will be kept. After 7 team fouls, we will shoot 1 and 1 free throws. (5) individual fouls constitutes fouling out of a game.
- Full court press is allowed at any time
- Man-to-man or zone defense is allowed
- Score will be kept; a 2-minute OT will be played in the event of a tie during regulation play
- Girls will play with a “Women’s 28.5” size ball
- Boys will play with an “Official” size ball